



**TEAM FIRST**

TRANSFORM YOUR TEAMS' DAILY ROUTINE  
INTO A **STIMULATING HUMAN ADVENTURE**

**TEAM WORK - TEAM PLAY - TEAM FIRST**

Contact us at **+32 471 96 45 74** | via [info@teamfirst.be](mailto:info@teamfirst.be) | on [teamfirst.be](https://teamfirst.be)

# WHY CHOOSE TEAM FIRST?

[DISCOVER TEAM FIRST?](#)



Put **people at the center** to create **deep engagement** and unify your teams.

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**Bespoke and targeted experiences** designed to achieve **your strategic goals**.

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Use **playful, immersive experiences** to strengthen **engagement and team cohesion**.

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**Organize without stress**, enjoy your event fully, **we take care of everything** to ensure its success.



## EXPERIENCE KETCH'UP MANAGEMENT



TIME: 3H00



IN : 20 M + 2M /Pax



STARTING FROM 15 PAX.



LANGUAGES: FR | EN | NL

Available in multiple formats: 3h | 4h



Reduce unspoken tensions and ease N+X interactions.

Learn to reframe and say no without creating tension.

Strengthen cohesion by finally addressing the real issues.

**Ketch'up Management** is designed to align, strengthen and secure your managers' postures when facing day-to-day challenges. They dive into a fictional company with very real stakes and confront authentic situations: sensitive reframing, persistent unspoken issues, latent conflicts, hierarchy pressure, fragile or sabotaged delegation.

No theory. No endless slides. **A real training ground**, built on action, debate, positioning and clear decision-making.

The game reveals automatism, exposes blind spots, encourages honest peer conversations and creates a safe space to test new ways of acting.

Throughout the experience, **your teams build a clearer, more coherent and more courageous managerial culture**. A playful yet deeply transformative format that genuinely shifts reflexes.



### PRICING OVERVIEW OF OUR SERVICES

The rates shown below are **indicative and adjustable** based on your specific needs. Amounts are **exclusive of administrative and transportation fees**.

Leadership Experience	> 15 Pax.	1 050 €	61 to 70 Pax.	4 000 €
	16 to 20 Pax.	1 300 €	71 to 90 Pax.	5 000 €
	21 to 30 Pax.	1 820 €	91 to 105 Pax.	5 750 €
	31 to 40 Pax.	2 400 €		
	41 to 50 Pax.	2 950 €		
	51 to 60 Pax.	3 500 €	105+ Pax.	55 €

The quote will provide you with a **personalized rate** for tailored support.



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### Our strategic promise for your company

#### **Ketch'up Management is geen activiteit. Het is een managementtraining.**

Uw teams beleven realistische situaties, lachen, debatteren, nemen positie in... en zetten daarna hun inzichten om in concreet gedrag. Het doel: van intenties naar reflexen gaan.

#### **What your teams will experience:**

- **Oefenen om zonder spanning bij te sturen:** leren dingen duidelijk te zeggen zonder de relatie te schaden.
- **Duidelijke en houdbare grenzen stellen:** hun eigen automatismen herkennen (vermijding, rigiditeit, overcontrole...).
- **Met peers in debat gaan om hun houding te verfijnen:** bouwen aan een gemeenschappelijke managementtaal.

#### **In short: what your managers truly observe**

- Hun "vriendelijkheid" is soms vermijding, wat zorgt voor vaagheid, frustratie en vertragingen.
- Bepaalde grenzen bestaan enkel in hun hoofd, niet in de organisatie.
- Een bijsturing kan ferm, kort en rustig zijn, zonder te veel uitleg of agressiviteit.
- Hun boodschappen worden verschillend geïnterpreteerd, wat een gebrek aan alignment blootlegt.
- Conflicten ontstaan niet zomaar: ze zien hoe micro-reacties (of het ontbreken daarvan) ze versterken.

# WHO WE ARE ?

Since 2013, Team First has been **transforming** corporate events into unforgettable **human adventures**. Starting in 2019, we're integrating gamification, **aligning strategy** and entertainment, to stimulate unprecedented culture and **engagement**.



We build **team experiences** to challenge the bonds and cohesion of our employees. **Together**, we **sculpt** enriching human experiences, catalyzing **team performance and development**.

Our team are bursting with **creativity** to **create engaging events that resonate with your ambitions**. Opt for bold, impactful experiences that will leave a lasting impression on your team!





Let's enrich your human experience together,

**Book your team moment now**

0471 96 45 74 | [info@teamfirst.be](mailto:info@teamfirst.be) | 0479 55 64 48

[www.teamfirst.be](http://www.teamfirst.be)

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